The Himalayan Menu

STARTERS

Homemade Momo
A Nepalese favourite! Perfectly steamed dumplings with lightly spiced vegetable | chicken mince. Served with a homemade tomato & sesame chutney.
Veg Momo (V) (g, se, mu, so) £7(5pcs)|£10(8pcs)
Chicken Momo (g, se, mu, so) £7(5pcs)|£10(8pcs)

Himalayan Paneer Shaslik (V) £7
Indian cottage cheese marinated with yoghurt, Himalayan herbs & spices, cooked in clay oven skewered with onions & peppers. Served with homemade mint-yogurt sauce & onion chutney. (gf) (m, mu)

Crispy Potato Bhajias (V|VG) £6.5
Crunchy sliced potatoes battered with gram flour, Himalayan herbs & spices, served with homemade sweet chilli sauce. (gf) (mu)

Vegetable Samosa (V) 3pcs £5
Crispy & flaky parcels of pastry filled with tender potatoes, spiced mixed vegetables served with homemade sweet chilli sauce (g, mu)

Chilli Paneer (V) £8
Fried cubes cottage cheese tossed in chilli, soy & garlic sauce with onions & peppers. (gf) (m)

Himalayan Tandoori Wings 5pcs £7
Chicken wings marinated in a blend of Himalayan herbs & spices, cooked in clay oven served with homemade mint-yogurt sauce & onion chutney. (gf) (m, mu)

Chilli Prawns £8.95
Battered fried prawns tossed in our special homemade sauce with onions & capsicum. (cr, g)

Himalayan Chicken Tikka 3pcs £7
Succulent pieces of chicken breast marinated in a blend of Himalayan herbs & spices, grilled to perfection in a clay oven, served with homemade mint-yogurt sauce & onion chutney. (gf) (m, mu)

Chilli Chicken £8
Battered fried chicken breast tossed in chilli & garlic sauce with onions & peppers. (g)

Lamb Seekh Kebab £8
Minced lamb marinated with fresh herbs, ginger & garlic cooked in clay oven served with homemade mint-yogurt sauce & onion chutney. (gf) (m, mu)

TO SHARE

Served with homemade onion chutney & mint-yogurt sauce. (m)

Veg Platter (V) £15
Creamy cheese jalapenos, paneer tikka, veg samosa, crispy potato bhajias. (g, m, mu, so)

Meat Platter £18
Himalayan chicken tikka, Himalayan tandoori wing, lamb seekh kebab, fried chicken wings (m, g, mu)

Tap's Combo Platter £26
Himalayan chicken tikka, Himalayan tandoori wings, lamb seekh kebab, fried chicken wings, creamy cheesy jalapenos, crispy bhajias, veg samosa, Himalayan paneer tikka (m, g, mu, so)

BIRYANIS

Cooked low & slow with tradition Nepali method to lock in all the flavour.
Served with raita. (m) (made of yogurt, diced cucumber & seasonings)

Vegetable Biryani (V) £14
Fragrant basmati rice slow-cooked with aromatic spices, saffron & tender vegetables. (m)

Chicken Biryani £15
Fragrant basmati rice, tender marinated chicken, a harmonious blend of spices, crispy onions, saffron, edible rose petals, layered & cooked to perfection. (m)

Lamb Biryani £16
Fluffy grains of scented basmati rice & tender chunks of spiced lamb cooked to perfection with herbs & spices, crispy onions, saffron, edible rose petals. (m)

(v) suitable for vegetarians (vg)suitable for vegans
Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Do you have any allergies? Some of our dishes may contain the following allergens: Cereals Contain Gluten, Crustaceans, Eggs, Fish, Peanuts, Soya Beans, Milk, Nuts, Celery, Mustard, Sesame, Sulphites, Lupin, Molluscs. These have been listed in the menu in abbreviated forms. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. All food items may contain traces of nuts. Fish, poultry and meat dishes may contain bones and/or shell.

Gluten (G), Fish (F), Sesame (S), Celery (C), Crustaceans (CR), Mustard (MU), Milk (M), Eggs (E), Nuts (N), Peanuts (P), Soya (SO), Sulphites (SU), Lupin (L), Molluscs (MO)

Fishponds Tap

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MAINS

All our curries are served with saffron basmati pilau rice & freshly clay oven cooked butter naan bread. (g, m)
Our chefs can adjust the spice level to your curries according to your preference.
Just let your server know your preference when you order.
Replace butter naan with Peshawari (g, m, n) / Garlic (g, m) / Cheese naan (g, m) - £1.5

Himalayan Mixed Veg Masala (V) £16.5
A variety of fresh vegetables in an onion tomato gravy flavoured with Himalayan herbs & spices. (mu)

Paneer Tikka Masala (V) £17.5
Indian cottage cheese cooked in rich creamy tomato & cashew-nut sauce. (m, n, mu)

Himalayan Chicken Masala £17.5
Our house chicken curry cooked in tantalising onion tomato sauce with Himalayan herbs & spices. (mu)

Himalayan Lamb Masala £18.5
Our house lamb curry cooked in tantalising onion tomato sauce with Himalayan herbs & spices. (mu)

Himalayan Prawn Masala £19
Prawns cooked in tantalising onion tomato sauce with Himalayan herbs & spices. (cr, mu)

Gurkha Chicken Curry £17.5
Delicious, aromatic Nepalese on the bone chicken curry is a rich & flavourful dish made with Himalayan herbs & spices. (mu)

Gurkha Fish Curry £18
Boneless fish pieces cooked in a tantalising onion tomato gravy with Himalayan herbs & spices. (f, mu)

Paltane Messing (Pork & Pak Choi) £18
Pork meat cooked in British Gurkha style with pak choi.
Most commonly enjoyed food in British Gurkha barracks. (mu)

Chicken Korma £17.5
Tender bites of chicken simmered in a rich, creamy coconut based sauce infused with traditional aromatic spices.. (m, mu)

Butter Chicken £17.5
Chicken tikka pieces cooked in rich creamy tomato, cashew nut, textured with silky butter, & cream. (m, n, mu)

Lamb Rogan Josh £18.5
A rich, flavourful curry with tender lamb cooked in a tantalising tomato gravy. (mu)

Saag Chicken £17.5
Tender chicken pieces simmered in a vibrant green spinach-based sauce. (mu)

Lamb Saag £18.5
Tender pieces of lamb slow-cooked in a fragrant, thick sauce of spinach & spices. (mu)

FROM TANDOOR

Served with homemade onion chutney & mint-yogurt sauce (m),

Himalayan Tandoori Chicken £16
Half chicken marinated in yogurt overnight with Himalayan herbs & spices, cooked in clay oven served with peri-peri fries & salad mix. (m, mu)

Himalayan Tandoori Lamb Chops £18
Marinated in yogurt overnight with Himalayan herbs & spices, cooked in clay oven served with gourmet chunky skin-on chips. (m, mu)

BREADS FROM TANDOOR

Plain (g) **| Butter Naan** (g, m) £3.75

Peshawari Naan (g, m, n) £4.5

Garlic Naan (g, m) £4

Cheese Naan (g, m) £4.25

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At Fishponds Tap, we take immerse pride in our culinary expertise & our commitment to providing the best dining experience possible.